



Hazzan Rob Menes
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(702) 804-1333

Welcome to the Temple Beth Sholom Choir!

Choir rehearsals will be held on Wednesday evenings at 7:00 PM in the Sanctuary at TBS. At this time, the Choir is not scheduled to be part of any religious services, and there are no concerts scheduled – yet. We will perform when we are ready. For now the choir is just for getting together and learning about Jewish music.

Please bring your music and a pencil to rehearsals. You may need to look over the music in addition to rehearsal time.

The music attached is just a start. It is also likely that it will be altered. We may decide to eliminate some pieces or some parts entirely. It is only a guide. Your suggestions would be appreciated.

I will be posting information and sound files on the Internet at the following site:

<http://www.hazzanmenes.com>

If you need to contact me, you can

Send me an email: cantor@bethsholomlv.org or hazzanrobmenes@gmail.com

Call me: 702-804-1333 (TBS) or 917-796-8038 (cell)

Call Carol Jeffries: 702-804-1333

Thanks, and have Fun!

Hazzan Rob Menes

Magen Avot

Sol Zim

Golde

REFRAIN

Voice

last time to CODA

O dreame
O chante

REFRAIN

yom Sha-bat kod-sho B' - yom Sha-bat kod - sho. Ki -

vam ki - vam ra - tza ra - tza ki - vam ra - tza l'ha-ni - ach la - hem l' - fa -

nav l' - fa - nav na - a - vod na - a - vod l' - fa - nav na - a - vod b' - yir - a - va - fa - chad V' - no

de v' - no - de lish - mo lish - mo v' - no - de lish - mo b' - chol yom ta - mid V' - no

de v' - node lish - mo b' - chol - yom ta - mid mei - ein ha - bra - chot V' - no

de v' - node lish - mo b' - chol yom ta - mid mei - ein ha - bra - chot

REFRAIN

1. Eil ha-ho - da - ot A - don ha-sha - lom m' - ka
2. La la lai dai etc.

2

Magen Avot

deish Ha-Sha - bat um - va - reich sh' - vi - i lai lai la la dai dai

REFRAIN

U-me - ni - ach bik' - du - sha Sha - bat Sha - bat l -

am m'-dush-nei o - neg Sha - bat zei - cher l'ma - a - sei v'rei - sheet Sha - bat Sha -

REFRAIN

CODA

bat Sha - bat Sha - bat ma - a - ma - ro

J=66

PITCHU LI

A. KED

Gm Dm Eb D7 Cm7 F

Bb C D Gm Dm Eb D7 Cm7 F

Gm Gm Dm Eb D7 Cm7 F

VOCAL Bb Gm Dm Eb D7 Cm7 F

PIT-CHU LI SHA-A-REI TEE-DEK A-VO-VAM O.

Bb C D Gm Dm Eb Bb Am7(6) D7

PIT-CHU LI SHA-A-REI TEE-DEK A-VO-VAM O.

Gm Eb F Bb F/A Cm7 C

NEZ A ZEH HA-SHA-AR LA-A-DO-KA-TA-DI-KIM YAH VO-U

E/F F Gm F/A Bb Am7(6) D7 Eb F D7

NEZ A ZEH HA-SHA-AR LA-A-DO-KA-TA-DI-KIM YAH VO-U

VO Gm Dm Eb D7 Cm7 F

VO — PIT - EH LI SHA-A-REI TEE-DEK A-VO-VAM O.

Bb Gm Dm Eb D7 Cm7 F

VO — PIT - EH LI SHA-A-REI TEE-DEK A-VO-VAM O.

Bb C D Gm Dm Eb Bb Am7 (D7) D7
 Bb C D Gm Dm Eb Bb Am7 D7
 DE-A RIT. CHU LA SHI-A REH MEH DA
 Gm Eb Bb F/A C
 Cm Eb F Bb F/A Cm7 C
 DE-A ZEH HA-SHA-AR LA-A-DO-NAI-ZA-DI-KIM YA-HO-U
 B/F E B (3) Gm F/A Bb Am7 (D7) D7 Eb F D2+
 B/F F Gm F/A Bb Am7 D7 Bb F D7
 VO ZEH HA-SHA-AR LA-A-DO-NAI-ZA-DI-KIM YA-HO-U
 Gm
 rit.
 Gm
 morendo
 VO

SHIBOLET BASADE

M. Shelem

Shi - bo - let ba - sa - de
u - v' - mer - chav ha - rim
ko - r' - a ba - ru - ach
yom k' - var ya - fu - ach
më - o - mes gar - i - nim ki
ha - she - mesh ke - tem v' - za -

rav
hav
u - ru hoy u - ru shu - ru b'në kfa - rim ka -

ma hën bash - la k'var al p'në ha - ka - rim ki - ts' - ru shil chu ma - gal

et re - sheet ha - ka - tsir

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שבלת בשלה כורעה ברוות
שעפס גרעינים כי נב
ובטרחוב הרים יום כבר יטום
השתחש בחתם ונתקב
עורו חוי עוזו
שווו בני בָּנִים
קטה חן פשלה בָּנֶר
על פני הָכְרִים
קצרו שלחו מיל
עת ראשית פקציר

sheaves / which beat in the wind
from the weight of the seeds
from the mountains of the day
it is nearly closed
the sun reflected a gold spot
(and)
the children of the village say
they wait for the man field
farm) a curse at the beginning
of the harvest

5th

Duet for Elul

Dedicated to the memory of Lauren Neuborne, z.l.

Text: Psalms 121:1-2; 27:4

Arranged: Andrew Bernard

Gently

5
1. *Gently* Am Dm G Bb C
Voice 1 E - sa ei - nai el he - ha - rim...
2. *p* Am Dm Am Gm Dm Am F G7 C A7
Voice 2 A - chat sha-al - ti mei - eit A - do - nai o - tah a - va - keish,
2. Dm Gm Om Gm Dm Bb C7 F C7 A7
rim. Mei-a - yin ya - vo ez - ri? Mei-a - yin ya - vo ez - ri?
2. keish, shiv - ti b' - veit A - do - nai kol y' - mei cha - yai,
10 Dm Gm7 C7 FMaj7 Gb E6 A7 Dm D7
EZ - ri mei - im A - do - nai, o - seh sha - ma - yim va - a - retz...
14 E6 A7 Dm D.C. al Fine
la - cha - zot b' - no - am, b' - no - am A - do - nai u - l - va - keir b' - hei - cha - lo.
2. *f* E7 Am
D.C. al Fine
keir b' - hei - cha - lo.

Suggestion for Performance:
Cantor - 1st fine; all repeat

1st time: Voice 1 only -

2nd time: Voice 1 & 2 - all

Conclude with first line with repeat on soft "oo" Voice 2 - Cantor only.

Yidish iz main loshn

Rauch

$\text{♩} = 100$

Soprano

Baritone

Lo - shn mains iz Yi - dish Ful mit pash - tes, un Rach - ves - dik, Ne -
Men - tshn un le - shoi - nes, Lo - shn iz der mentsh, Mentsh - lech - kait di

5

S

gi - dish, Va - rem, vi di zun. Va - rem, vi di zun. Hem - shech iz main
kroin iz, Zing tsu ir un bentsh. Zing tsu ir un bentsh. Fel - ker in har -

Bar.

10

S

zchi - ye, Ki - yem iz main lid, Main ge - zang a - li - ye Tsu dem
mon - ye, Lib - shaft tsvi - shn zich, Shtra - li - ke sim - fo - nye, un in

Bar.

15

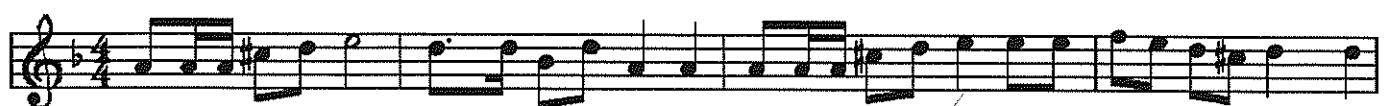
S

Mentsh un yid. Main ge - zang a - li - ye Tsu dem mentsh un yid.
ir oich ich. Shtra - li - ke sim - fo - nye, un in ir oich ich.

Bar.

Cuando El Rey Nimrod.not

Ladino Folk Song



1. Cuan-do el rey nim-rod al cam-po sa - li - a Mir - a - va en el cie- lo y en la estreye-ri - a
2. Lue-go a las cu-madres en - com-be- da - ba - a Que to-da mu-jer pre - cia- da que - - - da - ra

5



Vi-do un-a luz san-ta en la giu-de-ri - a Que ha-via de na — cer Av- ra - ham a - vi - nu
si no pa - ri - ira al pun-to la ma-ta - ra, que ha-via de na — cer Av- ra - ham a - vi - nu

9

CHORUS

Soprano (S): Avraham a - vi - - - nu pa - - dre que - ri - - do Pa - dre ben -
Alto (A):
Tenor (T): A - vi - nu que - ri - do
Bass (B):

11

Soprano (S): di - - cho - - luz de Is - ra - el - - -
Alto (A):
Tenor (T): di - - cho - - luz de Is - ra - el - - -
Bass (B):

Cuando el Rey Nimrod

Sephardi Music

'Sephardi' (Hebrew for Spain) refers to the Jews who lived and flourished in the Iberian peninsula for many centuries, until they were expelled along with the Muslims, in 1492. Sephardi Jews took their language and musical traditions with them into exile and absorbed other traditions from North Africa, the Eastern Mediterranean and countries in the Middle East where they settled. Many of the standard hymns in the Hebrew liturgy were composed by great Sephardic poets during the 'Golden Age' in mediaeval Spain. The lingua franca of Sephardi Jews was Ladino (or Judeo-Spanish) which was based on mediaeval Castilian and written in Hebrew script.

Cuando el Rey Nimrod al campo salía
miraba en el cielo y en la estrellería
vío una luz santa en la judería
que había de nacer Abraham Avinu.

Abraham Avinu, Padre querido
Padre bendijo a la luz de Israel.

Luego a las comadres encomendaba
que toda mujer que preñada quedara
si no pariera al punto, la matara
que había de nacer Abraham Avinu.

Abraham Avinu, Padre querido
Padre bendijo a la luz de Israel.

La mujer de Terach quedó preñada
y de día en día le preguntaba
¿De qué tenéis la cara demudada?
Ella ya sabía bien qué tenía.

Abraham Avinu, padre querido
Padre bendijo a la luz de Israel.

En fin de nueve meses parir quería
iba caminando por campos y viñas,
a su marido tal ni le descubría
topó una meara, allí lo pariría

Abraham Avinu, Padre querido
Padre bendijo a la luz de Israel.

En aquella hora el nacido hablaba
"Andáos mi madre, de la meara
yo ya topo quién me alejara
mandará del cielo quien me acompañará
porque soy criado del Dios bendito."

Abraham Avinu, Padre querido
Padre bendijo a la luz de Israel

When King Nimrod went out to the fields
Looked at the heavens and at the stars
He saw a saint light at the Jewish quarter
A sign that Abraham, our father, was about to be born.

Abraham Avinu, dear father
Father who blessed the light of Israel.

Then he told all the mothers
that every pregnant woman
who did not give birth to her baby was going to be killed
because Abraham our father was going to be born.

Abraham Avinu, dear father
Father who blessed the light of Israel.

Terach's woman was pregnant
and each day he asked her
Why do you look so distraught?
She already knew very well what she had.

Abraham Avinu, dear father
Father who blessed the light of Israel.

After nine months she wanted to give birth to her baby
She was walking on the fields and on the vineyards
Her husband will not discover her
She made a manger where she will have her baby.

Abraham Avinu, dear father
Father who blessed the light of Israel.

When the baby was born he told his mother
'Get away from the manger, my mother
I will find somebody to take me out
He will send from the heaven the one that will go with me
Because I am the son of the blessed God.'

Abraham Avinu, dear father
Father who blessed the light of Israel.

Text is from the period of King Alfons X of Spain (1245-1289)

Ani Ma'amin

Parnes-Menes

Moderato

Soprano

Alto

Tenor

Bass

S

A

T

B

Moderato

Moderato

Moderato

Moderato

A - ni ma - a - min be - e - mu - na sh' - lei -

A - ni ma - a - min mu - na sh' - lei -

A - ni ma - a - min mu - na sh' - lei -

A - ni ma - a - min mu - na sh' - lei -

ma vi at ha ma shi - ach

13

S a - ni ma - a - min ma - a - min

A a - ni ma - a - min ma - a - min

T a - ni ma - a - min ma - a - min -

B a - ni ma - a - min ma - a - min

19

S v' - af al pi she - yit - ma - me - a im kol

A af al pi - she - - - me im kol

T af al pi she me - a im kol

B af - al pi she - yit - ma - me im kol

25

S

ze a - cha - ke lo - a - cha - ke lo b' - chol yom she

A

ze a - cha - ke lo a - cha - ke lo b' - chol yom she

T

8 ze a - cha - ke lo a - cha - ke lo b' - chol yom she

B

ze a - cha - ke lo a - cha - ke lo b' - chol yom she

31

S

ya - vo b' - chol yom she - ya - vo

A

ya - vo b' - chol yom she - ya - vo

T

8 ya - vo b' - chol yom she - ya - vo

B

ya - vo b' - chol - yom she - ya - vo

Tefila L'Shalom

on the occasion of Levi Gerson's Bar Mitzvah

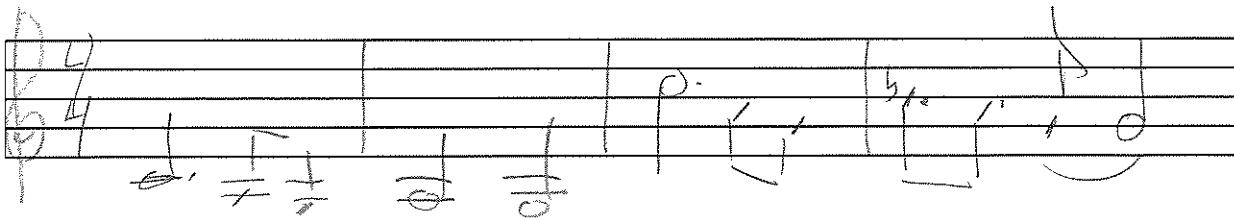
Hazzan Rob Menes

freely

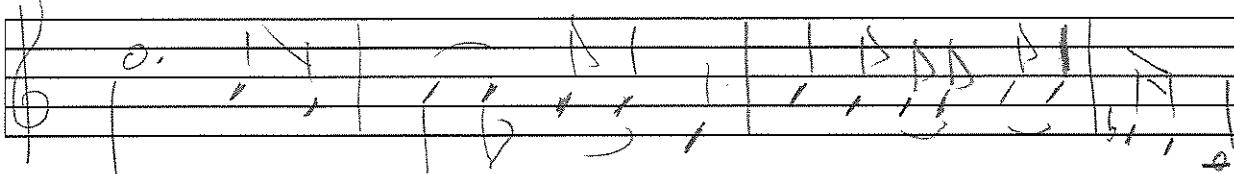
The musical score consists of eight staves of music. The first staff begins with Em, followed by Bm7, Em, Am7, CMaj7, Em, D, and Em. The second staff begins with Em, followed by Bm7, Em, Am7, CMaj7, Em, D, and G. The third staff begins with Am, followed by Em7, Edim, D, and F#. The fourth staff begins with Em, followed by A m, B dim E m, C, Em, FMaj7, E, and C. The fifth staff begins with Em, followed by FMaj7, G, Em, F, G, Am, G, and G. The sixth staff begins with C, followed by D min, B♭, G, C, F, G sus4, and C. The seventh staff begins with C, followed by B♭, G, C, F, G sus4, and C. The eighth staff begins with C, followed by B♭, G, C, F, G sus4, and C.

ho vi lei ni na mi ma vet l' chayim, miv dai ya l' e met.
ho vi lei ni na m' yei ush l' tik vah, mi fa chad le e mun.
ho vi lei ni na mei sin a l' a ha vah, mei mil cha mah,
mei mil cha mah l' a ha va, Y' hei sha lom m'malei et l' va vei nu, Y' hei sha
lom m' ma lei et l' va vei nu o la mei nu y' ku mei nu Sha
lom, Sha lom, Sha lom, Sha lom, Sha lom, Sha lom, Sha
lom, Sha lom, Sha lom, Sha lom, Sha lom, Sha lom, Sha

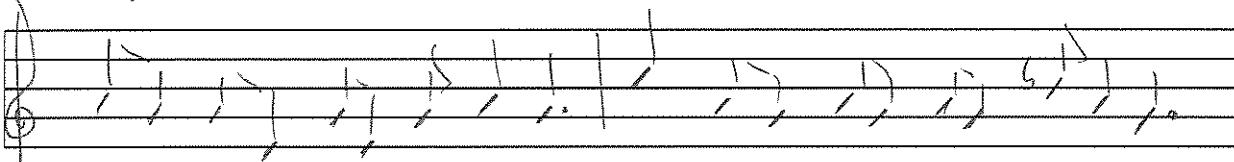
Oh, Hallelujah!



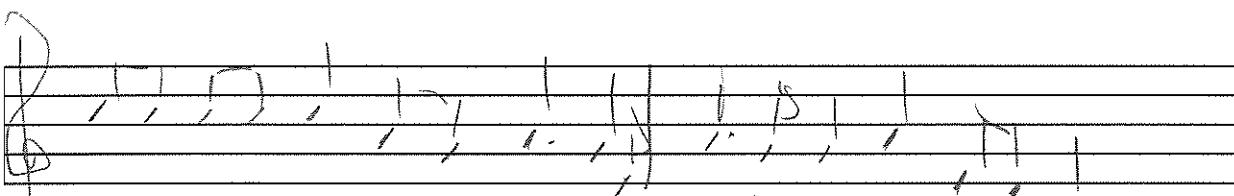
OH, HA LE LU YAH. OH, HAL LE LU - YAH



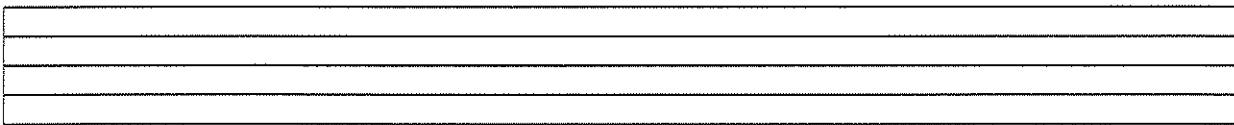
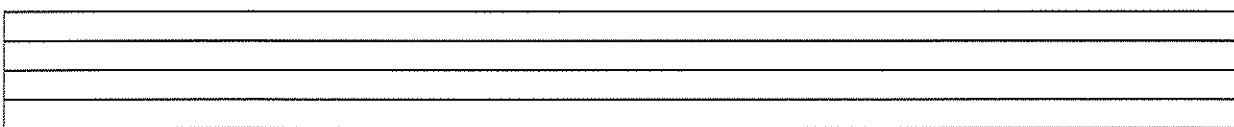
OH, HA LE LU - YAH MY LOVING GOD IS GOOD TO ME —



HO HO LA DO NA I KI TOU - Ki L' O LAU CHAS - HO -



HO HO LA DO NA I KI - TOU - MY LOVING GOD IS GOOD TO - ME.





Songs with Few Words

HATIKVA

Kol od baleyvav p'niyah
Nefesh y'hudi homiah
Ulfa-atei mizrach kadi msh
Ayin l'tzion tzofiah
Od lo avda tikvateynu
Hatikva (bat) sh'not al payim
Lih'yot am chofshi b'a rtzeynu
Eretz tzion virushalayim.

כָּל־עוֹד בְּלִבְבָּשׁ פָּנִימָה
נֶפֶשׁ יְהוּדִי הַוָּמִיה
לְפִאָתֵי מִזְרָחַ קָדִימָה
עַיִן לְצִיּוֹן צָפִינָה.
עוֹד לֹא אֲבָדָה תְּקֻוֹתָנוּ
הַתְּקֻוָּה בַּתْ שָׁנּוּת אֱלֹפִים
לְהִיּוֹת עִם חִפְשֵׁי בָּאָרֶץ
אָרֶץ צִיּוֹן וִירוּשָׁלַיִם.

As long as a Jewish heart beats,
And as long as Jewish eyes look eastwards,
Then our two thousand year hope
To be a free nation in Zion
Is not lost.

29 HINEI MA TOV

Hinei ma tov uma na'im
Shevet achim gam yachad.

הִנֵּה מַה־טֹּוב וּמַה־גָּעִים
שְׁבַת אֶחָים גָּם יְחִידָה.

Behold, how good and how pleasant it is
When brethren dwell together in unity.

34 KOL HA-OLAM KULO

Kol ha-olam kulo
gesher tzar m'od
V'ha-ikar lo l'fached klal.

כל-העולם כלו גשר צר מאד
וחעקר לא לפחד כלל.

The entire world is a narrow bridge
But the main thing is not to fear.

61 VIHUDA L'OLAM TESHEV

Vihuda le'olam teshev (2)
Virushalayim
l'chol dor vador
Virushalayim l'dor vador.

ויהודה לעולם תשב (2)
וירושלים לכל דור ודור,
ירושלים לדור ודור.

Judah shall abide forever
And Jerusalem from generation
Unto generation.

42 MODEH ANI

Modeh ani l'fanecha
melech chai v'kayam
Shehechazarta bi nishmati
b'chemla
raba emunatecha.

מודה אני לפניך
מלך חי וקיים
שחזרת بي נשמתי בחמלת
רבה אמונהך.

I give thanks to Thee, Everlasting King,
Who hast mercifully restored my soul within me;
Thy faithfulness is great.

3

46 OSEH SHALOM

Oseh shalom bimromav
 Hu ya'aseh shalom aleinu
 V'al kol Yisrael
 V'imru, imru amen.

עושה שלום במרומיו
 הוא יעשה שלום עליינו
 ועל כל-ישראל
 ואמרו, אמרו אמן.

Ya'aseh shalom,
 ya'aseh shalom
 Shalom aleinu
 V'al kol Yisrael.

יעשה שלום, יעשה שלום
 שלום עליינו
 ועל כל-ישראל.

May He who makes peace in the heavens
 Grant peace to us
 And to all of the people Israel
 And let us say, Amen.

53 USH-AVTEM MAYIM

Ush-avtem mayim b'sason
 Mima-aynei ha-y'shua.

ושאבתם מים בשנון
 ממעני הישועה.

Joyfully shall you draw upon
 The fountains of deliverance.

62 YIBANEH HAMIKDASH

Yibaneh hamikdash
ir Tzion t'maleh
V'sham nashir shir chadash
uvirnana na'aleh.

יבנה המקדש
עיר ציון מלא
ושם נשיר שיר חדש
וברננה נעלה.

79 LO YISA GOY

Lo yisa goy el goy cherev
Lo yilm'du od milchama.

לא ישא גוי אל גוי חרב
לא ילמדו עוד מלחמה.

Nation shall not lift up sword against nation.
Neither shall they learn war any more.

63 YISM'CHU HASHAMAYIM

Yism'chu hashamayim
v'tageil ha'aretz
Yiram hayam umlo-o,
Teivel v'yoshvei va.

ישמחו השמים ותגל הארץ
ירעם הים ומלאו,
תבל וישבי בה.

Let the heavens rejoice, let the earth be glad
Let the sea and all its fullness thunder praise
The world and all those living in it.

49 SIMAN TOV

Siman tov u-mazal tov
Y'hei lanu ul-chol Yisrael
Amen.

סָמֵן טוֹב וּמַזָּל טוֹב
יְהִי לְנוּ וּלְכָל־יִשְׂרָאֵל אָמֵן.

Auspicious signs and good fortune
May these be unto you and to all Israel, Amen!

50 TOV L'HODOT

Tov l'hodot La-shem
Ul-zamer l'shimcha elyon
L'hagid baboker chasdecha
Ve'emunat'cha baleilot.

טֹב לְהֹדֹת לְהִי
וּלְזֹמֶר לְשָׁמֶךָ עַלְיוֹן
לְהַגִּיד בְּבָקָר חֲסִידָךְ
וְאַמּוֹנָתְךָ בְּלִילּוֹת.

It is good to give thanks to the Lord
And to sing praises to Thy name, O Most High
To proclaim Thy goodness in the morning
And Thy faithfulness at night.

44 OR CHADASH

Or chadash al Tzion ta-ir
V'nizkeh chulanu m'heira
l'oro.

אוֹר חָדֶשׁ עַל צִיּוֹן פָּאֵיר
וּנְזֹפֶה בְּלָנוּ מִהְרָה לְאֹרוֹן.

A new light shall shine in Zion
May we all soon benefit from that light.

6

45 OR ZARUA

Or zarua latzadik
Ul-yishrei lev simcha.

אור זרע לצדיק
ולישרי לב שמחה.

Light is sown for the righteous
And joy for the upright in heart.

13 AM YISRAEL CHAI

Am Yisrael chai.
Od Avinu chai.

עם ישראל חי
עוד אבינו חי.

The Jewish people lives!
Our Father yet lives!

40 MA TOVU

Ma tovu ohalecha Ya-akov
mishkenotecha Yisrael.
Va'ani b'rov chasd'cha
avo veitecha
Eshtachaveh
el hechal kodsh'cha
b'yiratecha.

מה-טיבו אֶחָלֵיךְ יַעֲקֹב
מִשְׁכְּנֹתְךָ יִשְׂרָאֵל.
וְאַנְּיִ בָּרְךָ חִסְדְךָ אֶבְאָבָא בִּיתְךָ
אֲשַׁתְּחִווָה אֶל הַבָּלְקָדְשָׁךָ
בִּירָאָתְךָ.

How goodly are your tents O Jacob,
your habitations O Israel
By Thy abundant grace I enter Thy house
I worship before Thy holy shrine with reverence.

30 HOSHIA ET AMECHA

Hoshia et amecha
 Uvarech et nachalatecha
 Ur-eim v'nas'eim
 ad ha-olam.

הושיעה אֶת־עָמָק
 וּבָרֵךְ אֶת־נַחֲלָתָךְ
 וּרְאֵם וּנְשָׁאֵם עַד הַעוֹלָם.

Save Thy people
 And bless Thine inheritance;
 Tend them and sustain them forever.

19 DAVID MELECH YISRAEL

David melech Yisrael
 Chai v'kayam.

דוד מלך ישראל
 חי וקיום.

David, King of Israel,
 Lives forever.

26 HASHIVEINU

Hashiveinu Ha-shem
 eilecha v'nashuva
 Chadesh yameinu k'kedem.

השיבו לנו ה' אליך ונשובה
 חידש ימינו בקדם.

Turn us to Thee, O Lord, and let us return;
 Renew our days as of old.

24 ELIYAHU HANAVI

Eliyahu Hanavi,
 Eliyahu Hatishbi,
 Eliyahu, Eliyahu,
 Eliyahu ha-Giladi.

אלִיהו הַנְּבִיא,
 אלִיהו הַתְּשִׁיבִי,
 אלִיהו, אֶלְיהוּ,
 אלִיהו הַגָּלָעִדי.

Bimheira v'yameinu,
 yavo eilenu
 Im Mashiach ben David,
 im Mashiach ben David.

בִּמְהֵרָה בַּיּוֹמֵינוּ יָבוֹא אֶלְינוּ
 עִם מֶשֶׁיחַ בֶּן דָּוִד,
 עִם מֶשֶׁיחַ בֶּן דָּוִד.

21 ELEH CHAMDA LIBI

Eleh chamda libi
 Chusa na v'al na titalem.

אֱלֹה סְמִדָּה לִבִּי
 חֹסֶה נָא וְאֶל נָא תַּתְעַלֶּם.

Beloved, be merciful
 And pray do not hide from us.

22 ESA EINAI

Esa einai el heharim
 Mei'ayin yavo ezri.
 Ezri mei'im Ha-shem
 Oseh shamayim va-aretz.

אֲשֶׁר עִינִי אֶל הַחֲרִים
 מַאיִן יָבוֹא עֹזֶרֶי.
 עֹזֶרֶי מִעַם הָ'
 עוֹשֶׂה שָׁמַיִם וְאָرֶץ.

I will lift up mine eyes unto the hills
 From whence cometh my help.

66 ANI V'ATA

Ani v'ata
n'shaneh et ha'olam
Ani v'ata az yavo'u
kvar kulam.

אני ואתה נשנה את-העולם
אני ואתה אן יבואו
כבר כלם.

20 DODI LI

Dodi li va'ani lo
haro'eh bashoshanim.

הודי לי ואני לו
הרואה בשושנים.

Mi zot ola
min hamidbar
Mi zot ola
M'kuteret mor ul-vona.
Dodi li . . .

מי זהה עולה מן המדבר
מי זהה עולה
מקטרת מורה ולבוניה
הודי לי

Libavtini achoti kala
Libavtini kala
Dodi li . . .

לבטני אחורי כלה
לבטני כלה
הודי לי

Uri tzafon uvo'i teiman
Uvo'i teiman
Dodi li . . .

עוריך צפון ובואי תימן
ובואי תימן
הודי לי

beina n'fidim,
Ki l'shisha
kol b'rurim v'omdim.

Sh'mei shaniyim
eretz v'yamim,
Kol tz'va marom
g'ven'im v'rannim,
Tzini v'adam
v'chayat r'elimim.
Ki b'yah Adonai tzur olamim.

Hu asher diber
l'am s'gulato,
Shamor l'kadosh
mib'nei v'ad tzeito.
Shabbat kodesh
yon chendaro,
Ki vo shavat
mikol m'lachto.

B'minatzat Shabbat
Eli yachalitzach,
Kum k'ra elav
yachish l'ani zach,
Nishmat kol chei
v'gam na-arizach,
Echol b'simcha
ki k'var ratzach.

B'mishneh lechem
v'kiddush raba,
B'rov mat'amim
v'ruach n'dika.

Chasdo gavar aleinu,
ve-emet Adonai.

Tzur mishelo . . .

Rachem b'chasdecha,
al amcha tzu'renu,
Al mishkan k'vedecha,
z'vul heit if-arteim,
Ben David avdecha,
yavo v'yig-aleinu,
Ruach apeinu,
Mashiach Adonai.

Tzur mishelo . . .

Yibaneh hamikdash,
ir tzion t'malei,
V'sham nashir shir chadash,
uvirnana na-aleh.
Harachman hanikdash,
yitbarach v'yit-aleh,
Al kos yayin malei,
k'virat Adonai.

Tzur mishelo . . .

His was the bread we ate,
His the wine we drank;
Hence, let us thank and
Praise Him with our lips.

My comrades, bless the Lord
Whose food we ate!

בְּלִשְׁנָה
בְּלִבְרוֹאִים וּבְעוֹמְרִים.
שְׁמֵי שְׁפָטִים אָרֶץ וּנְמִימִין,
כָּל־עַבָּא מְרוּם
גְּבוּרִים וּרְמִימִין,
תְּפִינִין וְאָדָם וְתִיחַת רָאָמִים,
סְפִינָה יְיָ עֹז עֲלָקִים.
חוֹא אֲשֶׁר דָּבָר לְעֵם קָגְלָתוֹ,
שְׁמָרָן לְקָדְשָׁו
כְּבָאָו וְנָדָעָתוֹ,
שְׁבָת קָרְשׁ יּוֹם חַמְקָרָתוֹ,
כִּי בָו שְׁבָת מְקָלִמְלָאָכָתוֹ.
גְּמִיצֹות שְׁבָת אֶל בְּחִילָאָה
קוֹם קָרְאָא אַלְיָן
נִחְיָשׁ לְאַמְּאָה,
נִשְׁמַת בְּלִי-תִּי וּבְמַעֲרִיאָה,
אָכְלָב בְּשָׂמְחוֹת
כִּי בָּכָר רָצָה.
בְּמִשְׁנָה לְחַם וּדְרוֹשָׁ רְבָה,
בְּרַב פְּנִיטָעִים וּרוֹחַ נִירָה,
יִזְכּוּ לְרַב טוֹב

חַסְדָּו גָּבָר עַלְינוּ, וְאֶמְתָּה יְיָ
אָזְרָמָלְוָה
רְחַם בְּחַסְדָּךְ,
עַל עַפְּךְ צָוָנוּ,
עַל צִיּוֹן מְשִׁפְּנָן בְּבָדָה,
בְּבָל בֵּית הַפְּאָרָתָנוֹ,
בְּנִזְדוֹד עַבְדָּךְ, יְבָא וּזְגָלָנוּ
רוֹחַ אֲפִינָה מְשִׁיחָה יְיָ
אָזְרָמָלְוָה
יְגָנָה סְמִקְדָּשָׁן,
עִיר צִיּוֹן תְּפָלָא,
רַשְׁמָנָשְׁרָשָׁר שִׁיר חַדְישָׁן,
גְּרָנְגָּה נְעָלָה,
גְּרָמְפָּן תְּגָרְשָׁן,
יְתָבְּךָרָן וְתַעֲלָה,
עַל כּוֹס פַּיְן מְלָא, כְּבָרְבָת יְיָ
אָזְרָמָלְוָה

Lo rechsar kol bo
v'achalta,
v'savata uveirachta,
Et Adonai zlohecha
asher ahava,
Ki veirach cha
mikol ha-anim.
Yom zeh m'chubad . . .

Hashanayim
m'saprim k'vodo,
V'gam ha-aretz
mal'a chasdo,
R'u ki choi eileh es'ta yado,
Ki hu-tzur
po-alo tamia.
Yom zeh m'chubad . . .

On this day, blessed above others,
the Rock of Ages rested.
Six days are for toil;
the seventh is the Lord's.

6 M'NUCHA V'SIMCHA

M'nucha v'simcha
or lay-hudim,
Yom Shabbaton
yom nach-madim,
Shomrez v'zochrav

לא תִּחְסֹר כֵּל בּוֹ וְאֶכְלָתָה,
וְשַׁבְּעַת וּבְרַכָּת.

את-תִּיעַן אַל-קָרֵב,

אֲשֶׁר אַתְּ אֶבְכָּה,

כִּי בְּרַכָּה מְכֻלָּה-קָעְמִים.

יום זה מְבָךְרָה

וְגַם קָרְעָז מְלָא חָסִידָה,

רָאוּ בָּיִלְאָלָה

עַשְׂתָּה יְדוֹתָה,

כִּי הוּא קָצָר פָּעָלוֹ תְּמִימִים.

יום זה מְבָךְרָה

מְנֻחָה וּשְׁמַחָה

אוֹר לִיהְיוֹת,

זָמָן שְׁבָתוֹן וּסְמִינָה מְקֻמָּדים,

שְׁכָרְיוֹן וּזְכָרְיוֹן חָמָה מְעִידִים,

שְׁמַעְתָּנוּ בָּהּ

בְּגַם אָנוּ נָאֵל לְלֹויִי הַעֲלָמִים נְקָבָא.

Yizku l'rev tuy
hamit-an'gim ba,
B'viyat go-el
Lechayei ha-niam habza.

Rest and delight mark this day;

Holiness and joy are its way.

7 TZUR MISHELO

Tzur mishelo achalinu,
Bar'chu emuna,
Savenu v'hotaru,
Kidvar Adonai.

צָרָמָשָׁלָו אֲכָלָנוּ,

כְּרָבָו אֲמָנוּ,

שְׁבָאָנוּ וְהַוְּרָנוּ בְּדָבָר יְיָ.

Hazan et olamo, ro-enu avinu.

Achalnu et lachmo,

v'yineo shatnu,

Al ken nodeh lishmo,

nn-hal'lo b'fim,

Amara v'anim,

ein kadosh kadouai.

Tzur mishelo . . .

בְּשִׁיר וְקָול תְּזִקָּה,

כְּרָךְ אַל-הָרָה,

וְלִאָרֶץ חַמְדָה,

שְׁהָנוּלָל לְאֶבְזָרָה,

שְׁנוֹן וְאַזְרָה, דְּשִׁפְיעַע לְגַפְשָׁנוּ,

12

וְנַחֲתֵיכִים כָּה וְכָמָלָא אָנוֹ,
לְשׁוֹנֵנוּ לְגַדְעָה.

D'ei chochma l'nafshecha,
V'hi cheter l'rufshecha,
N'tzot mitzvat k'doshhecha,
S'l'mor Shabbat k'doshhecha.

God invites His children to partake of Shabbat,
To rest from labor, anxiety, and strife.
Shabbat renews the heart, inspires wisdom,
And restores dignity to life.

וְרַחֲיב פֶּה וְכָמָלָא אָנוֹ,
לְשׁוֹנֵנוּ לְגַדְעָה.

דָּעה טֻקְמָה לְנַפְשָׁתָה
וְהָא בְּתָרְבָּה לְרָאשָׁה,
בָּצָר מִזְרָחָת קְדוּשָׁה,
שָׁכֹן שְׁבָת קְדָשָׁה.

9 MIZMOR L'DAVID

Mizmor l'David.
Adonai ro-i lo echsar
Binot desheh yarbitzeini
Al mei m'michut y'shalaleini.
Nafshi y'shomer
yancheini b'mag'lei tzedek
L'ma'an sh'no.
Gam ki elech
b'gei tsalavet
Lo ira ra ki ata imadi,
Shivt'cha u-mishantcha
heima y'nachamuni.
Ta-aroeh l'sanal shulchan
neged tzor'rai.

מִזְמוֹר לְדָוָה.
ה' רַע לֹא אַחֲרָה.
בְּנָאוֹת דְּשָׁא יְרָבָעִי
עַל מַיִּקְדָּשָׁה יְנַחֲלָנִי.
נְפָשִׁי שָׁוֹבֵב גַּנְחָנִי
בְּמַעֲלֵילִירְאָקָל מַעֲשָׂנִי שְׁמוֹ.
גַם כִּי אַלְךְ בְּנֵיא אַלְמָנוֹת
לֹא אַיְלָא רַע כִּי אַתָּה עָמָרִי,
שְׁבָטָךְ וּמְשֻׁבְטָךְ דָּקָה וּמְחַמָּנִי.
תַּעֲרֵךְ לְפָנֵי שָׁלֹתָן נֶגֶד צְרוּרִי,

Songs from Hebrew Texts

10 ACHAT SHA-ALTI

Achat sha-alti
me-et Ha-shem
ota avakesh
Shirti b'vet Ha-shem
kol y'may cha-yai
Lachazai b'poan Ha-shem
ul-vaker b'hechalo.

One thing I ask from the Lord, one thing I desire
That I may dwell in the house of the Lord all my days
To behold the Lord's pleasantness and to meditate in His Temple.

אֶסְתָּה שָׁאַלְתִּי מֵאָתָה הִ
אָוֹתָה אֶבְקַשְׁ
שְׁבָתוּ בְּבֵית הִ בְּלִ יְמִינִי
לְחוֹזֹות בְּנָעָם הִ
לְבָקָר בְּתִיקָלוּ.

11 ADON OLAM

בְּטֻרָם כָּל יִצְחָר גְּבָרָה,
אוֹי מֶלֶךְ שְׁמוֹ נְקָרָה.
לְכָדוֹ וּמֶלֶךְ נְוָא.
וְהָוָא גְּנָה וְהָוָא דָוָה
וְהָוָא אַנְדָּר וְאַנְנָשָׁי
לְהַמְשִׁיל לוֹ לְהַחְבִּירָה.
בְּלִי רְאַשִׁית בְּלִי מְכִליָּת
וְלֹא דָעַז וְהַמְשָׂרָה.

8 D'ROR YIKRA

D'ror yikra l'vein im bat,
V'yintzorechem k'mo varav.
N'im shincheni
v'lo yushbat,
Sh'vu v'nuchu
b'yon Shabhar.

D'rosh navi v'ulamu,
V'ou yesha asch mi.
N'ta soreik b'toch karmi.
Sh'eit shav-at b'nei ami.

D'rech pura b'toch hotzra,
V'gam harel asher gavra,
N'tcoz tzarai b'af v'evra.
Shi ma kol b'yom ekra.

Elohim ten bantidbar har,
Hadas shita b'rashi tidihar,
V'amazhir r'lanzhar,
Sh'lomim ten k'mei nahar.

Hadoch kamay El kana,
B'atrog leivav hvamginz

דָּרוֹר יִקְרָא לְבָנָם עַם בָּת,
וַיַּצְרְכָם כְּמוֹ בָּבָת,
גַּעֲמִים שְׁמַכְתָּם וְלֹא יִשְׁבַּת,
שָׁבוּ וְנוֹחַ בְּיּוֹם שְׁבַּת.

דָּרְשֵׁנוּ וְאָוְלָמָת,
וְאַזְתָּה יִשְׁעַ עֲשָׂה עַמִּי,
נֶעֱשָׂע שָׂוֹרֵק בְּתוֹךְ כְּרָמִי,
שְׁעָה שְׁוֹעָת בְּנֵי עַמִּי.

דָּרְךָ פָּרָה בְּתוֹךְ בָּצָרָה,
וְגַם בְּכָל אֲשֶׁר גְּבָרָה,
גָּלָץ אֲרֵי בָּאָפָּה וְעַבְרָה,
שְׁפָעַ קְוֵילִי בְּיּוֹם אֲקָרָא.

אַלְמָזִים תִּן בְּפֶקְדָּרְךָ,
הָדָס שְׁשָׁה בְּרוֹשׁ תִּדְשָׂרָה,
וְלְפָנָהָיו וְלְפָנָהָה,
שְׁלָמָמִים תִּן בְּמַיִּין בָּנָה.

שְׁדָךְ אֲקָמֵי אֶל קְבָא,
בְּכָבוֹג לְבָב וּבְמַגְבָּה,

דִשְׁנַת בְּשָׁמְנָן רָאשִׁי כּוֹסִי רְנָה.
אָרָק טָב וְחַסְדָּךְ יִרְדְּפּוֹנִי
בְּלִימָנִי דָנִי,
וְשְׁבָתִי בְּבֵית הִ לְאָרָק נְמִים.

Psalm 23

The Lord is my shepherd,
I shall not want.
He makes me to lie down in green pastures,
He leads me gently beside the tranquil waters.
He restores my soul.
He guides me in the paths of righteousness
for His name's sake.
Yea, though I walk through the valley of
the shadow of death,
I will fear no evil, for Thou art with me.
Thy rod and Thy staff they comfort me.
Thou preparest a table before me in the
presence of mine adversaries.
Thou hast anointed my head with oil,
my cup overflows.
Surely goodness and mercy shall follow me
all the days of my life,
and I shall dwell in the House of the Lord
for length of days.